

TIMBER LANE ALLERGY & ASTHMA ASSOCIATES, PC
53 TIMBER LANE
SOUTH BURLINGTON, VT 05403
802.864.0294 Office Hours Monday thru Thursday; closed Friday

INFORMATION TO FACILITATE YOUR VISIT

Please arrive at least 15 minutes **BEFORE** your scheduled appointment time to complete the registration process. Bring your insurance information and any payments required with you to the appointment.

INITIAL APPOINTMENTS

ALLERGY TESTING: A detailed history will be obtained and the allergist will determine if allergy testing is indicated. Wearing a short sleeve shirt will assist with the testing. A typical initial visit lasts about 60-90 minutes, but make take significantly longer depending on the nature of the problems.

MEDICATIONS: All antihistamines must be stopped one week prior to visit if skin testing is to occur. Tricyclic antidepressants (TCAs) also interfere with skin testing; check with your prescribing provider to see if these can be safely discontinued. **EXCEPTION:** If your visit is for evaluation of hives (urticaria), do not stop antihistamines or TCA.

Continue all other medications as prescribed, including asthma medications. If possible, do not take albuterol within 6 hours of the visit. Bring all your oral and inhaled medications (including spacers) with you to the visit.

Adults: It will not be possible to care for younger children while you are being tested. If you must bring younger children to the visit, please bring someone to help attend to them.

Children: If more than one child is being seen on the same day, please have one adult present for each child being seen. If the parent/guardian will not be accompanying the child, we must have signed permission from the parent/guardian to conduct the visit.

INSURANCE, REFERRAL and PAYMENT information

Please check with your insurance carrier to confirm coverage of the visit as well as determine your personal financial responsibility (i.e., copays, skin testing coverage, coinsurance, and/or deductibles).

REFERRALS: If you have a MANAGED CARE INSURANCE PROGRAM (Tricare, Cigna Managed Care, Primary Care Plus, Student Insurance, etc.), please be sure you have a valid referral from your primary care provider. The referral must be in our office on the day of the appointment. We are not allowed to conduct the visit if a valid referral is not in place.

COPAY: Copay is due at the time of visit.

PAYMENT IN FULL is expected at the time of the visit if you have no insurance or if we do not participate with your insurance. Please feel free to call our office with questions or concerns prior to your appointment.

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT: PLEASE GIVE AT LEAST ONE FULL BUSINESS DAY'S NOTICE TO CANCEL OR RESCHEDULE.* We are not open on Fridays, therefore, changes for a Monday must be made by the previous Thursday. This common courtesy is appreciated by our patients who are in need of appointments, as well as our staff and doctors.

***IMPORTANT: AS NOTED ABOVE, SHOULD YOU REQUIRE, WE WILL BE HAPPY TO ASSIST YOU WITH RESCHEDULING. HOWEVER, IF YOU FAIL TO CANCEL AND DO NOT APPEAR FOR YOUR APPOINTMENT, YOU WILL NOT BE ELIGIBLE TO RESCHEDULE YOUR APPOINTMENT FOR THE NEXT 12 MONTHS. WE APPRECIATE YOUR UNDERSTANDING.**

In the event of severe inclement weather, please call ahead before coming for appointments or injections.